



Reconnect through
nature's healing power.

The Nature Connection offers workshops for professionals working in memory care settings, and families caring for loved ones with memory loss at home. Our training programs give caregivers practical tools for incorporating nature and sensory activities into the caregiving role to:

- Strengthen well-being
- Reduce Stress
- Increase social connections

Fall 2017 Schedule:

**Professional
Caregiver Training:
Thursday, September 21**

**Family
Caregiver Training:
Thursday, October 19**

2:45-3:00 pm Registration

3:00-5:00 pm Presentation

Lexington Community Center, Room 242

39 Marrett Road, Lexington, MA

Refreshments provided

Presenters:

Samantha Sheppard
Program Coordinator

Sophie Wadsworth, M.A.
Executive Director

Information/Registration

Space is limited - Registration Required:

Register online: www.nature-connection.org/caregiver-trainings

or email: training@nature-connection.org

Thank you to our
training partners:



The Nature Connection is a non-profit organization that delivers therapeutic nature programs to elders of all abilities. We partner with assisted living residences, day habilitation services, and memory support programs throughout Greater Boston.



P.O. Box 155 / Concord, MA 01742 / www.nature-connection.org