



**Reconnect through  
nature's healing power.**

*Professionals working in  
memory care settings,  
whether residential or day  
habilitation, may face  
challenges communicating  
with patients. Our training  
programs give caregivers  
new therapeutic techniques  
for connecting patients or  
residents with the natural  
world to:*

- *Strengthen well-being*
- *Reduce stress*
- *Increase social  
connections*

# The Power of Nature: A Professional Caregiver Training

*Learn practical tools for incorporating nature and sensory  
activities into the caregiving role.*

**Thursday, April 20, 2017**

Lexington Community Center  
39 Marrett Road  
Lexington, MA

**3:15-3:30** Registration & Networking  
**3:30-5:30** Presentation

*Certificate of training provided*

## **Presenters:**

**Samantha Sheppard**  
Program Coordinator  
**Sophie Wadsworth, M.A.**  
Executive Director  
The Nature Connection

## *Information/Registration*

**Space is limited - RSVP Required**  
[training@nature-connection.org](mailto:training@nature-connection.org)

*Thank you to our  
training partners:*



  
**COOPERATIVE ELDER SERVICES, INC.**  
ADULT DAY HEALTH CARE PROGRAMS

Headquartered in Concord, MA, The Nature Connection is a non-profit organization that delivers live therapy animals and natural materials to isolated individuals in institutional settings. We have served special needs schools, at-risk youth programs, Alzheimer's care facilities and nursing homes throughout Greater Boston since 1983.

