



Reconnect with loved ones through nature's healing power.

Caring for a family member with memory impairment such as dementia or Alzheimer's can be challenging. Incorporating nature and sensory activities into the caregiving role can help foster engagement, expand awareness, and increase social connections.

## The Power of Nature: A Family Caregiver Training

Learn strategies for connecting loved ones with memory loss to the natural world to strengthen well-being and reduce stress

## **Tuesday, May 2, 2017**

Lexington Community Center 39 Marrett Road Lexington, MA

9:15-9:30 Registration9:30-11:00 Presentation

Refreshments provided

## **Presenters:**

Samantha Sheppard
Program Coordinator
Sophie Wadsworth, M.A.
Executive Director
The Nature Connection

Information/Registration

**Space is limited - RSVP Required** 

training@nature-connection.org

Thank you to our training partners:





Headquartered in Concord, MA, The Nature Connection is a non-profit organization that delivers live therapy animals and natural materials to isolated individuals in institutional settings. We have served special needs schools, at-risk youth programs, Alzheimer's care facilities and nursing homes throughout Greater Boston since 1983.

