



**Reconnect through
nature's healing power.**

*When professionals and
family members face
challenges communicating
with individuals with
memory loss, sensory
activities can act as a
bridge. Our training
programs give caregivers
new therapeutic techniques
for connecting elders with
the natural world to:*

- *Strengthen well-being*
- *Reduce stress*
- *Increase social
connections*

The Power of Nature:

Caregiver Training for Professionals and Families

**Natural materials and live animals can spark
engagement and memory in individuals with
dementia, including Alzheimer's.**

**The Nature Connection offers Caregiver Training
Programs throughout the year to teach family
members practical tools for incorporating nature and
sensory activities into the caregiving role.**

What Caregivers Learn:

- Therapeutic techniques for connecting with elders, through mindful presence
- Experience with connecting elders safely, and dynamically, with the natural world
- Using sensory and natural materials to build new connections between a caregiver and loved one
- Tools and techniques to increase hands-on engagement
- Expanding awareness of the interconnectedness of all life
- Increasing caregiver-to-loved one connections

**See our website for upcoming training dates.
To arrange a private group session on site,
email us for details and rates:**

training@nature-connection.org

Thank you to our
training partner:



Headquartered in Concord, MA, The Nature Connection is a non-profit organization that delivers therapeutic nature-based programs to individuals at-risk. We have served special needs schools, at-risk youth programs, Alzheimer's care facilities and nursing homes throughout Greater Boston since 1983.

