



Reconnect through
nature's healing power.

The Nature Connection offers workshops for professionals working in memory care settings, and families caring for loved ones with memory loss at home. Our training programs give caregivers practical tools for incorporating nature and sensory activities into the caregiving role to:

- Strengthen well-being
- Reduce Stress
- Increase social connections

Fall 2017 Schedule:

**Professional
Caregiver Training:
Thursday, September 21**

**Family
Caregiver Training:
Thursday, October 19**

2:45-3:00 pm Registration

3:00-5:00 pm Presentation

Lexington Community Center, Room 242

39 Marrett Road, Lexington, MA

Refreshments provided

Presenters:

Samantha Sheppard
Program Coordinator

Sophie Wadsworth, M.A.
Executive Director

Information/Registration

Space is limited - Registration Required:

Register online at www.nature-connection.org/caregiver-trainings or
send an email: training@nature-connection.org

Thank you to our
training partners:



@NatrConnection

The Nature Connection is a non-profit organization that delivers therapeutic nature programs to people in need. We have served special needs schools, at-risk youth programs, Alzheimer's care facilities and nursing homes since 1983.

P.O. Box 155 / Concord, MA 01742 / www.nature-connection.org