

You can build a
bridge to loved
ones with
memory loss



The Nature Connection's
free 2-hour training
empowers caregivers to
incorporate nature and
sensory-based activities
into the caregiver role to:

- Strengthen well being
- Reduce Stress
- Increase social connections



Certificate available upon
completion

Professional Caregiver Training Wednesday, May 2

3:00 – 5:00
Youville Place
10 Pelham Road
Lexington, MA

Open to elder care professionals
working in residential, assisted
living, and memory care settings

Family Caregiver Training Wednesday, May 30

3:00 – 5:00
Lexington Community Center
39 Marrett Road
Lexington, MA

Open to family members, and others
caring for individuals who face
memory impairment

Presenters:

Samantha Sheppard
Program Coordinator

Sophie Wadsworth, M.A.
Executive Director

Space is limited/Registration required

Register online: www.nature-connectin.org/caregiver-trainings
For additional info email: training@nature-connection.org

Thank you to our training partners:



YouvilleHouse  YouvillePlace
Assisted Living Residences



The Nature Connection is a non-profit organization that delivers therapeutic nature programs to elders of all abilities. We partner with assisted living residences, day habilitation services, and memory support programs throughout Greater Boston.

